# Infographic showing: New Aged Care Quality Standard 3: Personal and Clinical Care

1. **Best Practice based on:**
   1. Relevant national guidance
   2. Available evidence

Links to

1. **Tailored to my needs, goals and preferences**
   1. Team consults and works with me
   2. Informs me of options
   3. Supports me to make informed decisions

Links to

1. **Optimises my health and wellbeing**
   1. Team consults and works with me
   2. Informs me of options
   3. Supports me to make informed decisions

Links back to 1.

**Source:** Aged Care Quality and Safety Commission 2018, Guidance and Resources for Providers to support the Aged Care Quality Standards