

Confirmation for you and your family Palliative Care Case Conference

Insert name of your organisation

A palliative care case conference has been organised for:

Name of person: _____ DOB (DD/MM/YY): _____

Case conference date (DD/MM/YY): _____ Start time: _____

Location: _____

Your involvement in planning care is important. If you are unable to attend in person but would like to join by telephone, please dial in using the following telephone number and code:

Telephone: _____ Code: _____

Your contact for this case conference is:

Name of staff member: _____ Role: _____

Telephone: _____

Please write down if there are issues you want to talk about and remember to bring this form with you to the meeting so that this can be included.



On the next page you will find information on palliative care and palliative care case conferences

Confirmation for you and your family

Palliative Care Case Conference (continued)

Case conference: Case conferences or family meetings are an opportunity to discuss a person's care needs. They ideally include the person (if able to attend), their family and/or their substitute decision-maker, and members of the care team including the doctor.

Palliative care: Palliative care is person- and family-centred care that supports a person to live the best life they can with a life-limiting illness. This means that the person has little or no prospect of cure and is expected to die. The focus is on quality of life.

Life-limiting illnesses include dementia, advanced heart, kidney, lung or liver disease, cancer, and motor neurone disease.

People can receive palliative care for days or weeks, or for months to years. Older people coming to the end of their life without illness may have some of the same care issues. They can also benefit from the approaches to care taken in palliative care.

Common care issues in palliative care include:

- pain
- dyspnoea (breathing difficulty)
- dysphagia (difficulty with swallowing)
- constipation/incontinence (bowel and/or bladder management)
- depression
- delirium (sudden confusion)
- anxiety
- nausea (feel that you want to vomit)
- fatigue (tiredness).

Who should attend a case conference?

Staff in residential aged care facilities and providers of home care often meet with families. If possible, the person receiving care should attend, their GP, and any concerned family members or friends.