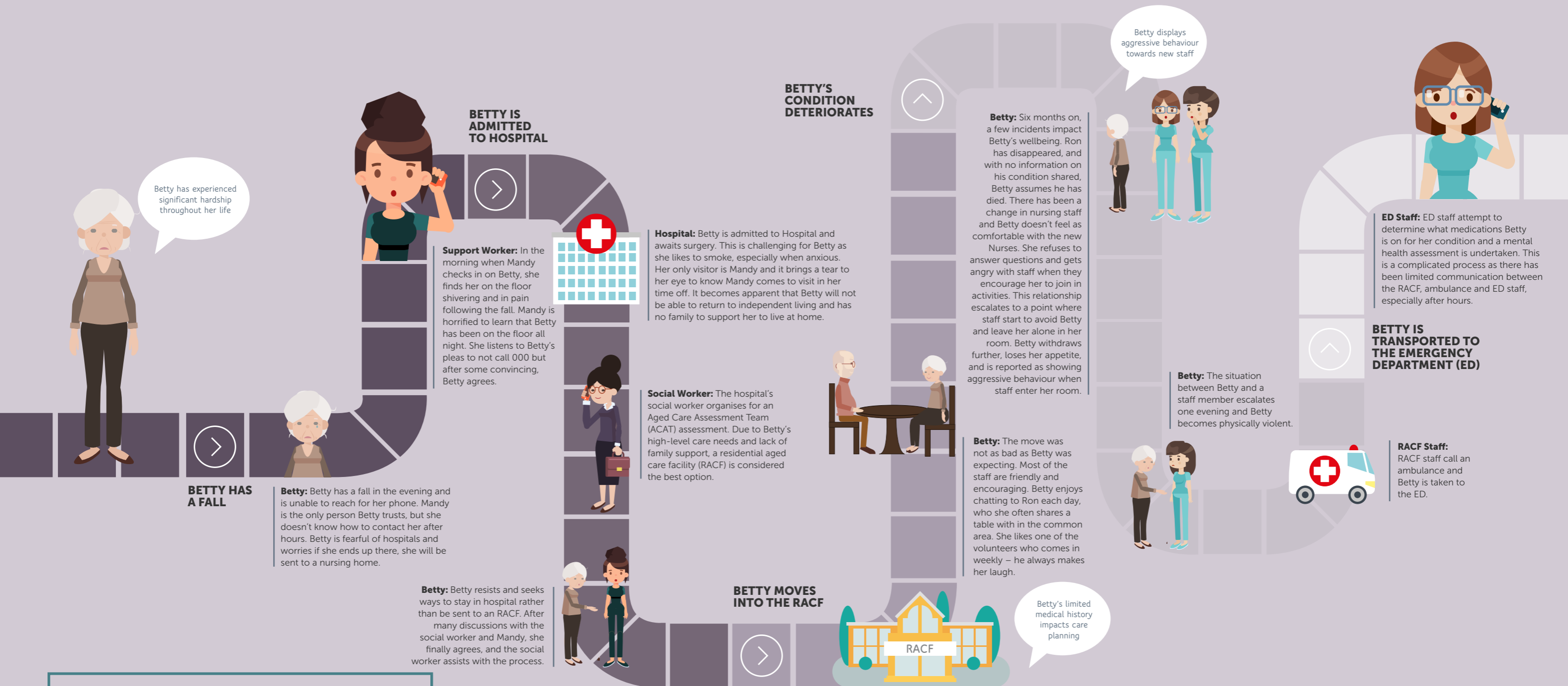


Betty's journey

Betty is 78 years old and is prematurely aged due to her life circumstances. She has been homeless at times in her last 30 years and is grateful to now be living in a self-contained unit. Betty has the support of a Housing Support Worker, Mandy, who supports Betty to maintain regular check-ups at the local bulk-billing General Practitioner (GP) clinic and to stay on her medications for her mental health condition.



Key Themes:

- Limited capacity of RACF to support complex, high needs residents
- RACF staff require adequate training and support to recognise, understand and work with the needs of people with mental health conditions
- Limited access to mental health specialist services for RACF residents and staff
- Lack of shared medical records between systems can result in lack of good continuity of care

RACF Staff: Betty's medical discharge plan is provided, however there is very little history on Betty's medical history. Betty is very private and not willing to share her personal history or interests. The staff pay particular attention trying to ensure a comfortable transition. Betty has no visitors and receives no regular General Practitioner (GP) visits.